Preface
Acknowledgments
Part I: Structural Dissociation of the Personality
1. Structural Dissociation of the Personality
2. Primary Structural Dissociation
3. Secondary Structural Dissociation of the Personality
4. Tertiary Structural Dissociation of the Personality
5. Trauma Related Symptoms in Light of Structural Dissociation
6. Structural Dissociation and the Spectrum of Trauma-Related Disorders
Part II: Chronic Traumatization and a Janetian Psychology of Action
7. Synthesis and Its Limitations in Trauma Survivors
8. Traumatization as a Syndrome of Nonrealization
9. The Hierarchy of Action Tendencies
10. Phobic Maintenance of Structural Dissociation
11. Assessment of the Traumatized Patient
12. Promoting Adaptive Action: General Treatment Principles
Part III: Treatment
13. Phase 1 Treatment and Beyond: Overcoming the Phobia of the Attachment and Attachment Loss with the Therapist
14. Phase 1 Treatment and Beyond: Overcoming the Phobia of Trauma-Derived Mental Actions
15. Phase 1 Treatment and Beyond: Overcoming the Phobia of Dissociative Parts
16. Phase 2 Treatment: Overcoming the Phobia of Traumatic Memory
17. Phase 3 Treatment: Integration of the Personality and Overcoming the Phobias of Normal Life
Epilogue